

SCAN

February 2015

Issue 54



SARUM
Orienteering Club





Chairman's Chat

Outgoing

pub as a base for small events is a really good idea as it provides a great venue to socialise afterwards.

Well another year over and some notable events to look back on since the last edition of SCAN. It was a busy autumn overall, beginning with our Galoppen at Everleigh which was run in good weather across the rolling open countryside just north of Tidworth in October. Although we had run on Bulford Ridge earlier in the year, we fitted in a Dorset Schools event with limited colour coded courses, and combined it with a couple of MTBO courses. Deconflicting the courses by time prevented inadvertent collisions and the courses proved popular with the small number of riders who took part despite the windy, wet weather.

In November it was our turn to host a Wessex Night League event and this provided a good opportunity to roll out our Salisbury City map for a second time. The Five Bells Pub was chosen as the assembly area and this proved a hugely popular choice and one which was reflected by the largest ever turn out for a league event.. We effectively took over the pub for the Monday evening and were made to feel very welcome by the landlady. Using a

Of course also in November we were very focused on the lead up to the Compass Sport Trophy final. Knowing how close the competition has been in previous years, we were determined to do well this year and it was terrific to see such a strong turn out by the club at the event. Jeff Butt gave two useful map reading coaching sessions focussed on Long Valley in the weeks before and I have no doubt that these helped some of our runners on the day. While fitness is always an important preparation for this event, good map familiarisation is essential. too Removing uncertainty or unfamiliarity with an area helps to build confidence and puts you in the best possible position to start your run. You will have seen from the results how close it was at the top but it was a great reward to pick up a third place, putting us as the best small southern club on the day. I thought the event was magnificently organised by Southern Navigators and generously sponsored by Compass Sport, with some new touches I have not seen before such as parking grouped by clubs and free T-shirts for participants. With the event now behind us we have a position to improve upon or at least to defend! Do pencil in Sunday 15th March for the Qualifier. It is at Fonthill not far from Salisbury and we need to secure a place for a trip up to the Lake District for the final in October.

Once again, Father Christmas was able to make a brief visit to distribute mystery presents to club members the day after the CST final. This was an entertaining evening with our red dressed and bearded visitor amusing everyone with his insight into our individual performances and aspirations for the future!

Our last event was our New Year's Day Score at Drayton Barracks. A mass start and controls without kites added some character to the event, as did the use of five controls only locatable through memorising their position from an earlier control. Given the open nature of the ground, the removal of the kites worked well and demonstrated how you can build in difficulty to suit the terrain available. Some very fast times were posted with the top three of the 134 competitors who entered all within 22 seconds of each other.

Finally, I would like to pass on my particular thanks to the committee who kept the show on the road in 2014 and to all our planners and organisers without who none of our events would have been possible.

I trust that 2015 will bring you every success in your orienteering endeavours, whatever they happen to be. Orienteering is a sport very much about taking part, and, trying to



achieve the satisfaction that comes when everything just seems to fall into place and you have the perfect run. The elusive orienteering nirvana!

And Incoming

Well, what a way to start my term of office. If you are going to break a leg, no better way than to be out running in the New Forest - at night.

I have had doctors, family and friends telling me: "Enough is enough, two breaks in one year, there is a message there, it's time to take heed".

So here is the plan:

January in plaster; February in re-hab.; March in training. Then back into orienteering and watch where I put my feet!! I think that's what they meant.

My real friends have been supportive of this plan. One suggestion was to have a new long term target to win the British Champs when I am an M90. Sounds like a good target to me. Orienteering is such a fantastic sport that we should not let these little set-backs put us off.

I was somewhat surprised and honoured to be asked to be chairman of SARUM, particularly as I have not been on the committee. Mark White has been giving me great support in leading me into the roll. He has been a great chairman and will be a difficult act to follow.

I have always thought that SARUM was an open and friendly club with willing helpers and a good team spirit. This was no more apparent than at the Compass Sport Final. We had an excellent turn out and SARUM was, once again, in the top 3 for the Trophy. As the top 3 clubs were announced, the loudest cheer came from SARUM.

SARUM has a hard working committee who have set themselves with some demanding targets.

I welcome comments, concerns and suggestions from all club members, so please feel free to contact me. We have an excellent club and are looking to make it even better.

We are always looking to increase our membership. We gain great strength from families with children, particularly as this brings youngsters into the club – so important for the future. Every club member should try and get some friends and family to come and try it. Once they have given it a go, I think that the sport will do the rest. Whenever we get someone new to the sport, attending our events, it is essential to give them a friendly welcome, give them support

THE AMAZING ADVENTURES OF BROKEN LEG GUY!



and guidance and to talk to them afterwards about how they did. 1st impressions count.

This reminds me of an incident at an urban event. A lady asked me what it was all about. She looked fit and it turned out that she enjoyed running. I went into full sales mode, expounding the virtues of the sport. I think I was winning her over to give it a try when a senior orienteer came through a gate. He was on his course,

gasping for breath, foaming from the mouth and dribbling from his chin. He stopped, glanced around looking puzzled and lost. Then set off again puffing and wheezing. The lady then just looked at me and simply said: "No, not for me". She will never know what she is missing.

Smart Ph-O-ne

Whilst walking in the Peak District recently I noticed some permanent orienteering course signs. Only close inspection I was surprised to find some conventional POC signs adjacent to QR Bar-code signs, you know, those square complex ones often used for advertising. These had iOri-



enteering.com on them so, back at the computer I looked this up to find that you can download an app (Apple or Android) that enables you to attempt a permanent course using a smart phone. You can buy and download maps online

and then head off to your course. You simply scan the start code to start the clock and scan controls, then scan the finish code to stop the clock. If you wish you can then upload your results to a web site and compare your result with others.



Some of you may already be aware if iOrienteering but this was new to me. I don't know exactly under whose auspices this is run – the BoF web site has no mention of it – but it does seem to be another way in which orienteering can be promoted to the i-generation.

To find out more yourself go to <http://www.iorienteering.com>

From our IT Correspondent

Committee Corner

AGM

The AGM took place on 20th October and was attended by 16 members. Previously circulated reports by the committee were highlighted and prompted discussion on several issues including internal communications and membership. Fees for 2015 were agreed as follows:

£3 - Adult

£2 - Junior

£1 - Second Club Member

The issue of level B or level C designation for our Sarum Saunter was considered following the debate in Compass Sport after Brian and Pat Hart's article. It was agreed to monitor the issue in 2015 and see if anything transpired at a national level. Actions arising out of the meeting are reported below.

Computers

Brian Hart has overall responsibility for coordinating the manning of computers for all our events. Organisers should contact him in good time with their requirements. Operating the Michael Napier software is very easy and more volunteers are sought to help at events. Training is quick and if you are interested, please let Brian know and he will draw you into helping at a future event.



Internal Communication

Ciemon Dunville has set up a Google group email address to help with internal communication and members have been contacted

about this. It is a good way for members to share information and to offer lifts, orienteering tips and other offers of support, or to make requests. Mem-

bers are asked to make use of this Google group whenever it makes sense to do so. In addition, Charlotte Thornton agreed to institute the sending of periodic emails to all members summarising upcoming activity.



Training

It has long been an aspiration to set up a regular training/social event and it is hoped to start this in January/February. Charlotte Thornton and Liz Yeadon have the lead and would welcome ideas on activities people would like to do. Please make contact with them.

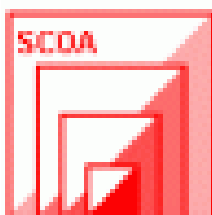
Membership

Gwyn Davies is preparing a tailored joining pack for new members which will include general information about the club and orienteering.

Equipment

A small tent is being sought to replace one of our two small tents.

SCOA



We will host the SCOA Championships on the back of the Sarum Saunter at Fonthill in March. This event is also a venue for the Compass Sport Cup qualifying heat.

Club Mark

The committee is in the process of completing an annual health check with a view to maintaining our Club Mark status. Club Mark arrangements are being reviewed by BOF with further information to follow early this year.



Maps

Jan Belza as our Mapping Officer and Liz Yeadon are updating our list of mapped areas and our plans for re-mapping and mapping of new ones. A diagram showing all our areas will be circulated to all members when complete. The Salisbury map (northern part) is now finished thanks to Mike Hampton and available to use for club and local events. Other urban areas we are looking at are Amesbury and Wilton. If you would like to help with our mapping work please contact Jan.

Website

The website continues to develop with more information now being added. Rob Ashton as our webmaster has given access to Liz Yeadon, Peter Hambleton and Mark White who can now add content on behalf of club members.

Magna Carta

2015 is the 800th anniversary of the Magna Carta and there are events planned in Salisbury over the summer. This could provide an opportunity to promote orienteering to the



increased number of visitors that are expected in the city during this period through our photo trail map. We will review this later in the year.

Club Championships

The date for this has been provisionally set for Saturday 27th June. Please note for your diary. Venue and format have not yet been decided. As is the tradition, last year's winners Harry Butt and Lisa White will take the lead here.

WOC 2015 / Scottish 6 Days

Time is moving on quickly towards this major event between 31 Jul – 8 Aug 2015. Don't forget to start making your plans early to be part of the largest orienteering event in this country for many years. If you have never been a spectator at a World Championships before, you are in for a treat.





Committee

President - Ron Ley

Chairman - Mark White - 01725 511530 - whitemw@btinternet.com

Secretary - Carolyn Dent - 01722334497 - carolynldent@yahoo.com

Treasurer - Liz Snell - 01722503479 - lizsnell@ntlworld.com

Fixtures:

Fixtures Sec. - Liz Yeadon -01672 563840 - liz.yeadon@btinternet.com

Club Captains:

Juniors - Jeff Butt - 01725 510546 - jnbutt@aol.com

Seniors - Charlotte Thornton - 01722 320872 - thorntoncev@gmail.com

Memebership:

Membership Sec. - Gwyn Davies - 01722 339804 - davies.sarum@btinternet.com

General Representatives:

Juniors Representative - Lisa White - 01725 511530-viv.cherrywhite@btinternet.com

Peter Hambleton - peter.hambleton@ntlworld.com

Ricky Thornton - 01722 320872 - thorntoncev@gmail.com

Alan Yeadon - 01672 563840 - alan.yeadon@btopenworld.com

Clothing:

Clothing - Freda Peirce - 023 8025 2779 - ian@ipeirce.fsnet.co.uk

Extra! Extra!

**Help to let others read
about it!**

SCAN Distributor required whilst Editor is deployed overseas. Please get in touch if you can provide some Distribution capability over the next 6 months. Contact Jim Buck at

buckjames@hotmail.co.uk



A Mean Green Winning Team



Who says us Southerners can't show the rest how to do it. Mind you, FVO once again showed their metal with another convincing win in the Trophy. They achieved 1289 points out of a maximum possible 1298 – coming down from Scotland to beat us in the South - astounding. We have noted that SARUM was the 2nd small club in ENG-LAND and has often been the 1st over the last decade, mainly foiled by FVO. (We won't talk about devolution!).

For those interested in the final scoring for the Trophy, the table shows the scores for the first three small clubs.

Well done to Barney Huthwaite & Lucy Butt for achieving maximum points! It should also be noted that those who didn't score may well have reduced the scores of our competitors and helped us to win 3rd place. The top 13 scores count for each club, ours are opposite.

SARUM were to and fro with SROC, being pipped

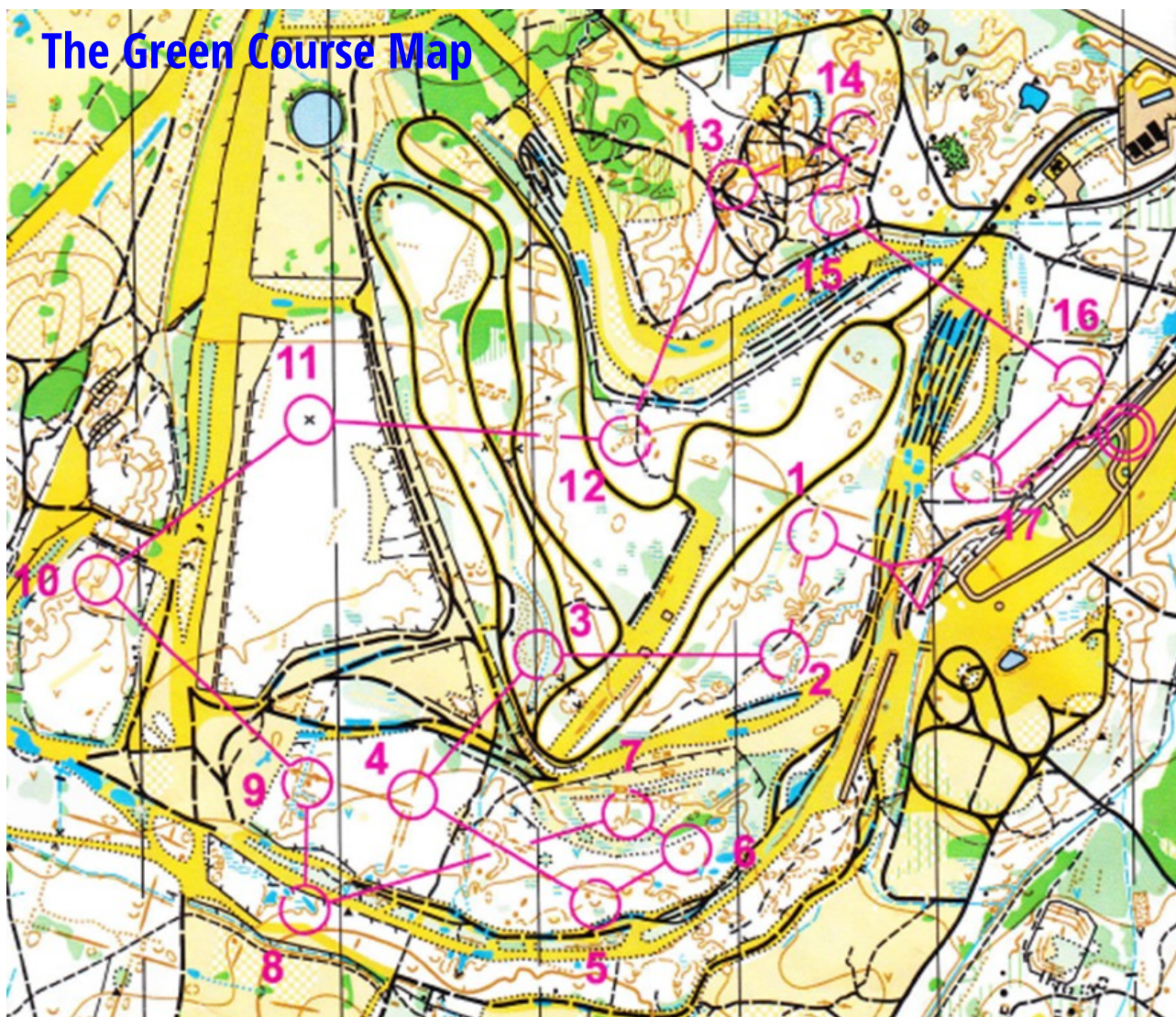
at the post by only 11 points. We were awarded 2nd place on the day, only to be corrected to 3rd in the published results.

SN staged an excellent A-level event. They parked clubs in blocks so you were immediately with all your club members. This worked really well. Also, the start and finish were both close to assembly, which is much appreciated in the winter. The weather held out and we even had some sunshine.

I ran the short green vets course, which I found had plenty of challenge. There is a loopy path system that looks easy on the map but can be really confusing on the ground. It nearly caught me out on my way to No. 3, but I made a quick correction and hit the control precisely. No. 5 looked easy – or so I thought. How I managed to lose 7 minutes I really don't know. Then, with nothing to lose, I charged around the rest of the course, throwing caution to the wind. That seemed to work fine, especially for the nice

Pos	Club	Score	1	2	3	4T	5	6	7	8A	8B	9A	9B
1 st	FVO	1289	199 (2)	199 (2)	197 (2)	99 (1)	197 (1)	100 (1)	0 (0)	0 (0)	98 (1)	100 (1)	100 (1)
2 nd	SROC	1256	0 (0)	0 (0)	197 (2)	196 (2)	95 (1)	193 (2)	189 (2)	0 (0)	194 (2)	98 (1)	94 (1)
3 rd	SARUM	1245	194 (2)	189 (2)	0 (0)	188 (2)	196 (2)	89 (1)	193 (2)	196 (2)	0 (0)	0 (0)	0 (0)

The Green Course Map



tricky contoured area, north-west of the finish (controls 13 to 15) – please explain that to me someone.

SN have put a multitude of photos on their site, covering almost everyone on the run-in. SN also provided free

T-shirts to all competitors. Also the top 3 teams in both the cup & trophy were awarded Compass Sport Umbrellas. Looking forward to next year's final.

Ian Peirce

SARUM SCORERS

Course	Competitor	Place	Points
1	Rob Ashton	3 rd	98
	Ben Chesters	5 th	96
2	Jack Benham	6 th	95
	Chris Huthwaite	7 th	94
3	Megan Ashton	12 th	89
4T	Paul Lane	3 rd	98
	Geoff Butt	11 th	90
5	Lucy Butt	1 st	100
	Jackie Butt	5 th	96
6	David Mullins	12 th	89
7	Ian Peirce	3 rd	98
	Peter Hambleton	6 th	95
8A	Barney Huthwaite	1 st	100
	Harry Butt	3 rd	96

This year for me has been one of my busiest, I am now in my final

University Challenge

year at university (IT HAS GONE SO QUICKLY!!) studying natural science – specialising in bio-medical science, sociology/human geography and sport! Quite a handful, but I am hoping it will



give me a good platform to try and find a job ha! This summer I was also very busy travelling to Bulgaria for the Jun-

ior World Orienteering Championships and Czech Republic for the World University Championships. I have recently just got back from Belgium, where I competed in the Junior European Cup and Scotland – which is where I have been for the past two weekends competing in Race The Castles – a weekend for international athletes acting as a test-run for the World Orienteering Championships next year!



Although the summer's events didn't go to plan – I had high expectations at the Junior Worlds so I was massively disappointed with my results; the following events I was just trying to get myself back on track. I had really tried with training and prioritising orienteering – giving up alcohol for half a year before JWOC; nonetheless sometimes in sport it doesn't go your way. With a lot of tears and discussion with my family I was trying to piece it together after JWOC – if I'm honest I still don't really know what happened with me and Dad speculating on a lot of reasons. World Universities and Junior European Cup went bet-

ter, although the results weren't of anything incredible, I was beginning to see patches of the natural, flowing, easy orienteering style I used to be so comfortable with. This has given me motivation to get the WHOLE course to be like this, as when I was running and navigating well my splits are easily comparable to the podium winners – I just need to keep this up the whole way round!!

I think the main reason would be my fitness improved and I was simply not doing enough orienteering before to let the navigation be on the same level with the physical side. Therefore this year I am doing more orienteering – whilst still being motivated with the physical training. Running at the moment is very therapeutic to the university work, my job up here and the other



stresses I have!! It has also been nice, as the number of fellow coaches who have seen me grow up within orienteering have been in touch and have offered their help! It is lovely to feel that people care, and I appreciate the commitment and support SARUM have put into improving me and helping me through this! For this year, I obviously have my finals but I am looking to continue my orienteering into senior – as this is my last Junior year L - and I am setting my hopes high, wanting to get into WOC. I know I

need a solid winter's training behind me and if I manage to reconnect my navigation to be in tune with my physical I feel I have a good shot of this!

I am travelling home on Friday the 12th of December so I am back for the Compass Sport Final which will be great to run for SARUM again and see everyone; as being at university has meant I have become more distant with the club!

Lucy Butt



The Gothenburg tour was held by JROS from the 15th to the 26th of August. It was a self-help tour and so all the athletes planned their own training therefore we could specify it directly to our individual needs. Furthermore this kept the overall cost of the tour to a minimum as we also used



public transport to get to and from the training areas. The tour was ten days long and by far the best I have been on. The combination of being with your mates all the time and relaxed rules meant we had the freedom to do what we won't. However this didn't mean we had a 'relaxing holiday'; as the level of competitiveness was very high due to several of the athletes had been to JWOC and at least half were in the GB squad. I enjoyed this aspect a lot as I could judge my ability of orienteering and see how far I was from the best in the country. Overall I thought it was a great training camp and thanks to the generosity of the club and SWOA it cost near to nothing. I would highly recommend it to any upcoming juniors wanting to have the experience of Scandinavian orienteering as well as a good time!

Harry Butt

YOUR CLUB NEEDS

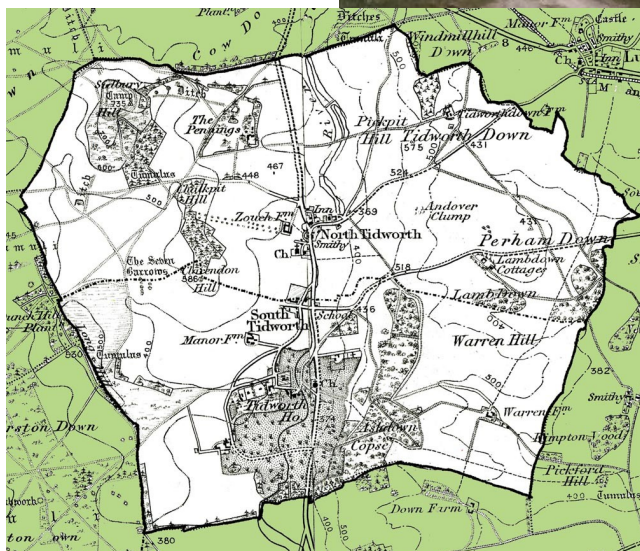


Don't ask what your Club can do for you, ask what you can do for your club!. Although we are a small club, and some would say perfectly formed, we do achieve a lot in the form of the number and scale of the events we put on. Think the traditional Sarum Saunter, the outstanding Salisbury City Race and the ever popular and grass roots, Dorset Schools series, and you'll realise just how much we achieve with such limited numbers.

When you do make the effort we achieve minor miracles, and you too can help in creating a few more. Below are just a couple of ways you can assist the club in the coming months, as the weather gets better and the days longer, where else could you enjoy the countryside, run and enjoy yourself other than assisting with an event?

Sarum Saunter

SCOA Championships
Being held this year
on Sidbury Hill Fort
north of Tidworth,
this should be a wonderful event, and as a

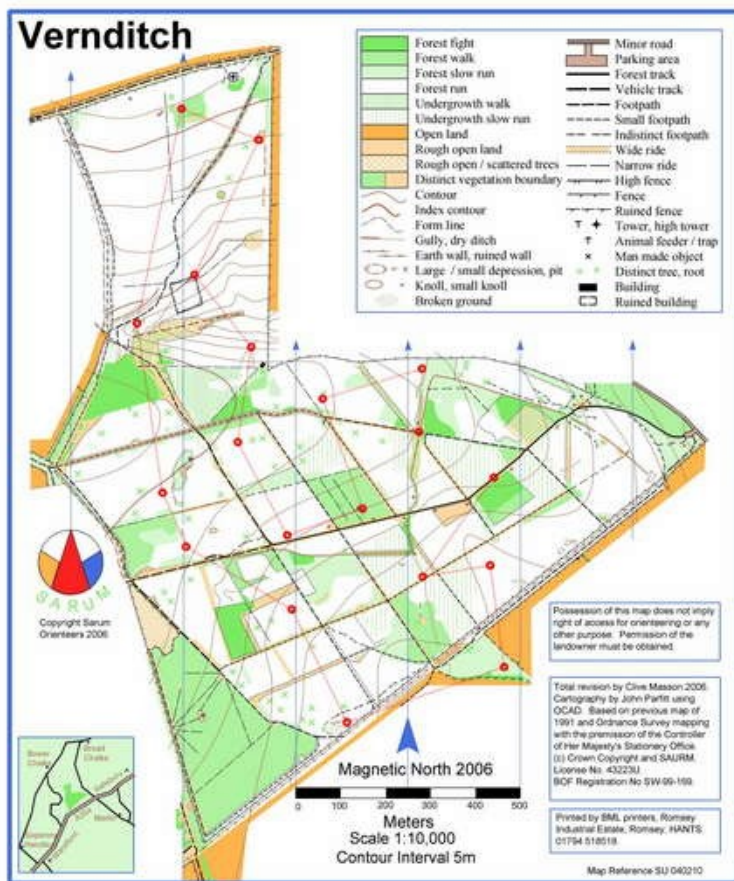


Sarum Saunter

Sidbury Hill - 8 Mar 2015



level B will attract a sizeable number of runners. If you fancy helping with what is our most prestigious event of the year, helpers are always welcome. To volunteer just get in touch with Charlotte Thornton, and enjoy a day on the Fort. Charlotte can be contacted on 01722 320872.



Vernditch

21 Feb 2015

A smaller event in a popular and eminently run able area. Vernditch is a great introduction in to how to set -iup organise and run an event. Perfect for the new helper to get a grounding in the basics of assisting it makes an ideal stepping stone into the Sarum Saunter next month. Come and cut your teeth here before moving on to the big league. Once again call Charlotte on 07814207702 or drop her a line at thorntoncev@gmail.com.

Other Events

Not tempted by either of the above then why not try these tempting offers coming up to support the club?



Come and run for us at the **Compass Sport Qualifying Round Fonthill, 15 Mar 2015**

Or help at our event at
Hampworth — 12 Apr 2015



A new section detailing all the social and training events that are coming up at the Hub Club, and various other watering holes in the SARUM area. An ideal opportunity to meet up, gain some addition skills , boost the fitness levels and explore some of the more interesting hostelrys in the area with like minded friends.

Auntie Social!



For further information contact Auntie Charlotte on her usual number of 07814 207702 or at Fixtures@sarumo.or.uk. You don't even have to run! Just turn up and chat. Training charges do apply £1 for Adults 50p for children, to cover costs.

Date	Venue	Postcode	Activity	Skills	Social Location
Tuesday 17 th February Bring a torch	Hub Club – (Salisbury & S. Wilts Sports Club, Skew Bridge, Wilton Road, Salisbury)	SP2 9NY	2 person Relay	Speed/ Accurate siting of controls	The Hub Club bar
Tuesday 17 th March Bring a torch	Victoria Park, entrance to car park off Castle Rd	SP1 3RX /3RR? South of Co-op	Pacing + Line exer- cise	Pace counting; accuracy with navi- gation	The Old Castle Harvester (opposite Old Sa- rum) SP1 3SF
Tuesday 21 st April	Churchill Gardens North Car park opposite Col- lege, Southampton Road	SP1 2LW	Aiming off/ Attack points	Skills to locate con- trol sites	The Railway Inn also called The Dust Hole, Tollgate Rd SP1 2JG
Tuesday 19 th May	Salisbury City map. Park in Salt Lane car Park	SP1 1EG	Controller's conun- drum	Observa- tion of control points	The Five Bells, Salt Lane car park
Tuesday 16 th June	Churchill Gardens West Park at pub and walk <u>un- der</u> dual carriageway	SP2 8DW	Map mem- ory	Observing & memo- rising de- tail	The Grey Fisher - Park and walk from here. We will tape the 200m to start.
Tuesday 14 th July NB 2nd Tues of month	The Moot, Moot Lane, Downton	SP5 3JP	Contours only	Use of ter- rain	The Wooden Spoon opposite North end of Moot Lane



navigating through a series of Urban Orienteering races to win the Nope Sport Urban League 2014 Junior Category.

Hopefully both will show there natural instincts again this year!

Night Owl & Urban Fox

Not necessarily animals know for there participation in the world of orienteering, but they certainly share traits with two of our champions last year.

The ability to see in the dark and glide through the trees helped Pat Hart win her category in the Southern Night Championships, run by BADO on Silchester Common, near Basingstoke, Hampshire.

Whilst Alex Buck showed the cunning of a fox,



Running Score



Posn	BOF	+/-	Name	Total	Contributing Score
1	24		Ben Chesters	8052	1355, 1374, 1322, 1325, 1323, 1353
2	136	+2	Robert Ashton	7710	1278, 1278, 1287, 1307, 1286, 1274
3	172	+3	Harry Butt	7655	1269, 1280, 1287, 1258, 1283, 1278
4	227	+12	Lucy Butt	7545	1255, 1273, 1269, 1245, 1260, 1243
5	247	+5	Jack Benham	7519	1245, 1300, 1236, 1239, 1255, 1244
6	281	+4	Chris Huthwaite	7477	1240, 1264, 1273, 1225, 1236, 1239
7	803	+5	Martin Goddard	6921	1151, 1160, 1152, 1150, 1153, 1155
8	851	+3	Jeff Butt	6872	1163, 1131, 1139, 1148, 1141, 1150
9	866	+2	James Buck	6859	1150, 1138, 1140, 1155, 1137, 1139
10	1064	+6	Mark White	6685	1158, 1068, 1110, 1175, 1096, 1078
11	1075	-38	Ian Peirce	6674	1094, 1119, 1093, 1113, 1111, 1144
12	1159	+77	Jackie Butt	6615	1098, 1064, 1115, 1108, 1111, 1119
13	1222	+10	Megan Ashton	6564	1085, 1083, 1076, 1130, 1075, 1115
14	1314	+3	Lisa White	6499	1037, 1106, 1077, 1142, 1044, 1093
15	1471	+6	David Mullins	6364	1058, 1071, 1042, 1084, 1064, 1045
16	1503		Carolyn Dent	6345	1086, 1027, 1057, 1045, 1054, 1076
17	1534	-1	Thomas Butt	6314	1278, 1232, 1251, 1276, 1277
18	1590	+1	Peter Hambleton	6272	1036, 1044, 1026, 1084, 1049, 1033
19	1660	+2	David Battison	6218	1032, 1025, 1065, 1018, 1051, 1027
20	1688	+1	Gwyn Davies	6200	982, 1089, 1157, 961, 1050, 961
21	1696	+4	Nigel Benham	6193	1082, 1083, 1042, 902, 1054, 1030
22	1775	+10	Brian Hart	6115	1002, 1025, 1050, 1011, 1009, 1018
23	2035	+11	Jan Belza	5845	1011, 920, 1022, 969, 969, 954
24	2116	+28	David Oxenham	5743	966, 1006, 975, 954, 921, 921
25	2318	+20	Chic Young	5516	982, 878, 1011, 892, 968, 785
26	2351	+20	Charlotte Thornton	5480	898, 915, 904, 935, 901, 927

Posn	BOF	+/-	Name	Total	Contributing Score
27	2446	+16	Denise Mullins	5357	890, 895, 896, 896, 888, 892
28	2600	-35	Liz Yeadon	5103	827, 850, 886, 870, 834, 836
29	2752	+11	Joan Hambleton	4782	794, 793, 814, 794, 802, 785
30	2768	+10	Richard Thornton	4742	767, 791, 755, 769, 803, 857
31	2788	-28	Alan Yeadon	4697	859, 769, 811, 779, 804, 675
32	2919	+8	Leon Thompson	4407	1175, 1087, 1018, 1127
33	2981	+6	Pat Hart	4268	701, 691, 714, 745, 761, 656
34	3136	+4	Adrian Dawson	3840	616, 604, 602, 614, 667, 737
35	3139	+4	Phil Hall	3834	1074, 846, 908, 1006
36	3156	+4	Neil Underwood	3815	883, 954, 964, 1014
37	3295	-6	Barney Huthwaite	3460	1105, 1193, 1162
38	3658	-9	Hazel Cutler	2581	800, 820, 961
39	3715	-79	Freda Peirce	2415	502, 359, 452, 462, 278, 362
40	3780	+537	Alexander Buck	2285	1201, 1084
41	4192	-5	Keith Cutler	1540	688, 852
42	4245	-7	Imogen Giles	1386	258, 476, 652
43	4437	-11	Mike Gibson	1091	1091
44	4466	-9	Martin Thirkell	1069	527, 542
45	4516	-10	Alex Thomson	1043	1043
46	4587	-7	Dorinda Davies	994	469, 521, 4
47	4815	-5	Pauline Giles	853	407, 446
48	4852	-7	Simon Morley	820	820
49	5013	+22	Jan Oxenham	659	611, 48
50	5044	-7	Kerrie Benham	609	609
51	5114	-9	John Hope	374	374

Rankings correct as of 12 Feb 15. All data taken directly from BOF Website.

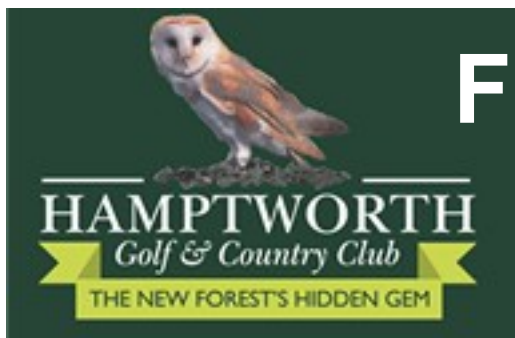


Articles Urgently Needed

Don't be shy, you all have that story to tell about how you missed that vital point, or how it was you ran faster than the sun to beat that person over there! Now is your chance to share those with a wider au-

dience. To finally get answers to those questions you've always wanted to ask. Just jot down a few musing, a couple of photographs and send it to the editor. All material, no matter how wierd and wonderful gratefully received !





Food For Thought

Club Dinner

20 March 2015

It is that time of year again where we gather to celebrate as a club, chew over the events of the last year and celebrate the successes we have had, both as a club and as individuals.

The dinner is hosted by the staff at the Hampworth Golf and Country Club on the edge of the forest and is a fantastic night for all. It gives an opportunity for club members to spend a little more than 5 minutes in a field, to swap stories, pass on tips or explain just where they went wrong on the last run!

The fun starts with pre-dinner drinks at 7pm, with dinner at 7.30 pm. The 3 course meal is a snip at £16.50 per adult and £10 for children under 10. To book your meal just send a cheque (payable to Sarum Orienteering Club), along with your meal choices to Brian Hart. For any further information then call him on 01794390593 or email him at b.hart@tiscali.co.uk. The closing date is 13 Mar.

MENU

Broccoli & Stilton Soup
Garlic Mushrooms en Croute
Prawn & Smoked Salmon Tian
Ardennes Paté & Melba Toast

Traditional Roast Beef
Traditional Roast Turkey
With all the trimmings

Apple Crumble
Chocolate Torte
Lemon Tart
Individual Eton Mess

Cheese & Biscuits if wanted
as dessert to be pre-ordered

Coffee, Tea & Mints

Hampworth
Postcode:
SP5 2DU



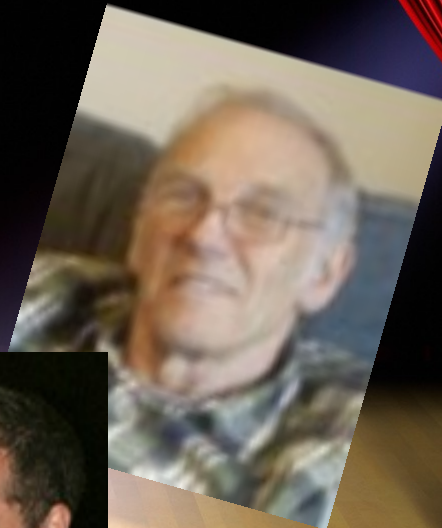
Notes Page

By popular request a page completely dedicated to your Orienteering notes

**SARUM PRODUCTIONS PRESENT
FOR ONE NIGHT ONLY**

THE IAN AND RICKY SHOW

**20 MARCH
HAMPSWORTH GOLF AND COUNTRY CLUB**



**WITH ADDITIONAL COMIC TURNS FROM
GEOFF BUTT**