



SARUM ORIENTEERING CLUB
SALISBURY CITY RACE
SOUTHERN ENGLAND ORIENTEERING URBAN LEAGUE
Saturday 5th. November 2016
Level B



Venue: Salisbury City – The Leisure Centre, Hulse Road, Salisbury SP1 3NR

Parking: Park & Ride or City Car Parks

Map: New map of Salisbury City North, 1:5,000 5m contours.

Entries: **Preferred** pre-entry on Fabian 4 at www.fabian4.co.uk by Saturday 29th. October.
Limited entry on the day **while maps last.**

Entry Fees: Seniors - £9 Juniors - £4 E.O.D. Seniors - £10 Juniors - £5

Electronic Punching: Emit. Cards to hire at £1.50. Juniors 0.50p

Courses:

Course	Male Classes	Female Classes	Distance#
1	Men Open (M18-M35)		7.5 km
2	Veteran Men (M40+)	Women Open (W18-W35)	6.5 km
3	Super Veteran Men (M55+)	Veteran Women (W40+)	5.5 km
4	Ultra Veteran Men (M65+)	Super Veteran Women (W55+)	4.5 km
5		Ultra Veteran Women (W65+)	3.5 km
6*	Junior Men (M16-)	Junior Women (W16-)	3.0 km
7*	Young Junior Men (M12-)	Young Junior Women (W12-)	2.0 km

Planning straight line course– actual running distance will be about 30% longer.

* Course 6 will include controlled road crossings; Course 7 will be off-road.

Registration: from 11.30am – 2.30pm 1400m (20 min walk) from main-line railway station (London/Exeter/Bristol)

Starts: Individual start times: Early: 12.00 – 1.30, Middle: 1.30 – 2.30p.m.,
Late: 2.30p.m. – 3.30p.m. **Courses close:** 4.30p.m.

Facilities: Showers, Toilets, Changing facilities, First Aid.

Traders: Ultrasport. The Leisure Centre Café.

Planner: Charles Bromley Gardner (Sarum/BAOC)

Organiser: Pat Hart – Sarum 01794390593 (before 9p.m. please!)

Controller : Chris Branford – Wimborne.

Details: See Sarum Orienteering club web site at <http://www.sarumo.org.uk> and the City Race website at - <http://www.salisburycityrace.org.uk>

Please note that Orienteering is an adventure sport and you take part at your own risk.