



SARUM ORIENTEERING CLUB

Sidbury Hill

South West League, SCOA LEAGUE SCOL 3



27 October 2019

FINAL DETAILS

Event Officials:

Organiser: Mark White (SARUM) (07881 015614)
Planner: Chris Huthwaite (BAOC/SARUM) (07798-840460)
Controller: Bernie Fowler (BAOC/BADO)

Venue:

Event signed off the A338 just north of Tidworth at GR SU234501. Follow signs to car park area at GR SU230502. Nearest postcode to turning off A338 is SP9 7FP.



Parking:

The track into the main car park is badly pot-holed and you will need to drive in with care. If your vehicle is low off the ground you may prefer to park at the side of the main, wide track from the A338, just before the right hand turn along the pot-holed track. The main car park is adjacent to Assembly. Please follow the instructions of the marshals. There will be a £1 parking charge collected on entry.

Terrain:

Mixed, mainly deciduous woodland with generally good runnability except where forest thinning has taken place in the last couple of years, which has resulted in localised patches of brashings. The area has one large hill and some sloping hills and a fairly extensive path network. Thinning has improved visibility but worsened runnability; the green-striped 'slow run undergrowth' screen shows the affected areas. As well as the brashings, you may encounter small piles of logs, unmarked holes, trenches and military debris. Most motorcycle tracks have been mapped, although a few recently created have not; this does not influence navigation. Military vehicles have churned up some of the main tracks and rides and when wet, it can be very slippery; in particular, take care on the southern part of the map. There are many crossing points marked over the barbed wire fence which surrounds the hill fort. These are styles or gates and their use is mandatory for crossing the barbed wire fence.

Maps:

All courses will have 1:10,000 A4 maps digitally printed on waterproof paper. Control descriptions will be printed on the maps and available on waterproof paper loose in the start lanes at the minus 2 box. Control descriptions include instructions when the use of a crossing point is necessary. White and Yellow course control descriptions will be textual, all other courses symbolic. Yellow and White maps will be available in pre-start for all runners on these courses

Courses:

The courses available, subject to final controlling, are:

Course	Age Classes	Length	Climb	Controls
Brown	M35, M40	8.7 km	235m	25
Blue	M16, M55, M60, W35, W40	6.8 km	150m	21
Green	M70, W16, W55, W60	4.3 km	85m	15
Short Green	M75, M80, M85, M90, W65, W70, W75, W80, W85, W90	3.4 km	65m	12
Light Green	M14, W14	3.3 km	80m	12
Orange	M12, W12	2.8 km	65m	11
Yellow	M10, W10	2.4 km	55m	12
White		1.8 km	20m	12

In addition, there will be a **free map memory challenge** located next to Assembly. It is suitable for all ages, from 1 to 91. How good is your memory?

Registration:

Registration is from 0930-1200

- If you are pre-registered and have your own Emit card you can go straight to the start.
- If you are pre-entered and are hiring an Emit card, collect your card from the enquiries tent before going to the start.
- Preferred registration is via Fabian4 at www.fabian4.co.uk. There will be entry on the day for all courses as maps last.

NB - We can only guarantee the map of your choice if you have pre-entered. You will need a registration form from the parking official. Then go to registration in the Barn to be put onto the computer before you go to the start.

Fees:

- Pre-entry: Seniors £11 (please note this includes a £6.60 land charge); Juniors £5. Adult runners up to Orange £6.
- EOD: Seniors £13; Juniors £5. Adult runners up to Orange £6.
- Postal entries to Mark White, Stable House, Downton Hill, Morgans Vale, Salisbury, SP5 2JF. Please provide the usual required entry information and cheque payable to Sarum Orienteering Club.
- Closing Date is Wednesday 23 October 2019.
- Emit: Cards to hire at £1.50, Juniors 50p.

Electronic Punching:

The event will be using Emit on all courses. A lost card will be £50. To ensure correct "punching" competitors **must** touch the EMIT control unit correctly with their EMIT card. Competitors are encouraged to use back-up cards and to press their EMIT cards down onto the control unit to ensure that they register a pin mark at each control. Competitors whose EMIT cards do not show that they have visited a control will only be reinstated with evidence from the back up card. Back-up cards can be obtained from the registration desk.

Start, Finish and Download:

- The Start is located approx 400m Assembly along a taped route.
- The Finish is located 50m from Assembly.
- Start times from 1000-1230. Run when you are ready.
- Courses close: 1430.
- Download is located in the Barn a short distance from the Finish. All runners must report to download, even if retiring.

Enquiries and Registration:

Enquiries, EOD Registration and EMIT hire are co-located in the Barn at Assembly. A key board will be available at Registration where keys can be left during a run.

Results:

Results will be posted throughout day and will be published on the event website no later than 2000 on Sunday evening.

First Aid:

Event First Aid is provided by the SARUM First Aid team and will be located in the Barn. The nearest Accident and Emergency Hospital is Salisbury District Hospital, Odstock Road, Salisbury, SP2 8BJ, Tel: 01722 336262.

Drinks:

Squash will be provided at Assembly.

Safety:

The event is located on a military training area and therefore competitors need to take care of the following:

- Other users of the area could include horse riders, dog walkers, mountain bikers, motorcyclists or 4x4 vehicles. Please show due respect if you meet any of these on your run and please take particular care when 'uncontrolled' motorcyclists are active near you. Military tracked vehicles should not be active on the area during this event.
- There could be some unmarked motorbike or tank tracks.
- Because it is a military area, do not touch any suspicious objects and please advise juniors not to touch anything they may see lying around.
- There are some ruined barbed wire fences and also badger setts and holes in many areas.
- At the time of writing, there are some longhorn livestock in the fenced area around the fort. The grazier has been asked to be move them and they should not be there on the day. Despite the presence of their horns, the livestock are harmless.

Additional safety points:

- The chalky slopes of the steep hill can be very slippery when wet so take care.
- Full body cover – legs and torso, as defined by BOF.
- Whistles are advisable especially for juniors.
- Although unlikely in late October, in the event of extreme wet, cold or windy weather you will be required to carry or wear a cagoule. A decision will be made, based on the then Met Office forecast, and published on the event website no later than 2000 on Saturday 26 Oct as to whether cagoules are required or not. The decision will also be posted in Assembly.
- Ticks are omnipresent, and tick-borne disease is a risk, albeit a small one. Apart from abiding by the full body cover rule, you should examine yourselves and your children carefully for ticks after your run. Lyme disease is a particularly unpleasant condition which can be caused by tick bites. Go to <http://www.lymediseaseaction.org.uk> for more information on Lyme disease and its symptoms.
- If you are travelling and running alone, you may wish to leave details of yourself and your car with enquiries.

Please note the following:

- Competitors with existing medical conditions are asked to provide a sealed envelope with their name and club on the outside, and the medical condition explained inside plus details of medication and dosage. Spare forms and envelopes will be available at Registration. The envelope will only be opened in an emergency. The envelope is to be handed in to Registration for safe keeping before competitors start their runs. Click here for the medical form [SARUM-Medical-Condition-form-2016.pdf](#)
- If you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering, you are not covered by our public liability insurance. To comply with insurance provisions, if you are not a British Orienteering member, please leave your home address contact details at Registration.

Facilities:

First Aid, ONosh Catering, and Compass Point and Toilets will all be in the Assembly area.

Dogs:

Dogs under close control are permitted in the parking and assembly areas only but not on the courses.

Photography:

There will be a Sarum photographer taking photographs during the event. If you don't want a photo published, where you or a family member are in focus, please let him know via Enquiries. Inappropriate photography in sport is a cause for concern nationally. As a responsible club, SARUM follows the agreed good practice in British Orienteering's Osafe policy and requires that all (including family members & friends) who wish to take still or video photographs with **anything other** than a simple non-zoom/telephoto camera or phone **must** display a permit. Permits are available from Information. Anybody with a concern about inappropriate photography should report it to the organiser.

Cancellation:

Cancellation is a very last resort, however, if very bad weather is forecast or some unforeseen event makes it necessary to cancel the event, a notice will be placed on the Sarum website and a message sent out via Fabian4. If the event is cancelled, we reserve the right to keep all or a proportion of the entry fee to cover unavoidable costs.

Conditions:

The personal data you give will be used by the event organisers only for processing/publishing entries and results and as required by our insurers. All Competitors take part at their own risk and are responsible for their own safety.

Sarum Web Site: www.sarumo.org.uk

DO NOT FORGET TO DOWNLOAD