



SARUM ORIENTEERING CLUB
5 COURSE EVENT and WESSEX NIGHT 'O'
LEVEL D



Saturday 8th February 2020

Final Details

- Venue:** Denny Wood Campsite in the New Forest [Grid Reference: SU 333 066].
Turn off the B3056, 3 miles SE of Lyndhurst. Post Code – SO43 7FZ.
- Parking:** In the car park at Denny Wood Campsite. Please follow the marshals' directions.
- Map:** A4, 1:10,000 (courtesy of Southampton Orienteering Club). Safety bearing and emergency phone number are provided along the bottom of the map.
- Terrain:** Mixed woodland with a good network of paths.
- Entry fees:** Seniors £7.00, Juniors £3.00
- Electronic punching:** EMIT. Cards to hire: Seniors - £1.50, Juniors - 50p. (Lost Card £50.)
- Daytime courses:**
- *Blue - 6.9km, 90m ascent, 15 controls, TD 4 Quite Hard*
 - *Green - 5.2km, 80m ascent, 12 controls TD 4 Quite Hard*
 - *Light Green - 3.7km, 45m ascent, 9 controls TD 4 Quite Hard*
 - *Orange - 3.0km, 40m ascent, 8 controls TD 3 Moderate*
 - *Yellow - 2.2km, 40m ascent, 9 controls TD 2 Fairly Easy*
- Night courses:** WNL 1 hour standard score course. See '**Planner's Notes**' below.
Yellow and Orange courses are also available (stats as above).
- Registration:** From 1:15 pm – 3:00 pm. Night: 5:20 pm – 6:30 pm.
- Starts:** Day *c. 900 m/12 mins from Registration*. Start times: 1:30 pm – 3:20 pm.
Night *c. 850 m/11 mins from Registration*. Start times: 5:50 pm – 6:50 pm.
Day and Night - Go when you are ready.
- Finishes:** Both Day and Night finishes are at the Night Start (c. 850 m from Registration).
- Courses close:** Day: 4:30 pm. Night: 8:00 pm sharp!
- Facilities:** First Aid at Registration. Please bring own water.
Pub: The Drift Inn is c.1 mile east of Parking & Registration.
Competitors are welcome to use the facilities there.
If you intend to eat, please let Martin know by email when reserving a map.
The kitchen closes at 9 pm. <https://www.driftnn.co.uk/food/>

Entries: Entry on the Day.
For WNL, please reserve a map by email sarum@pointsouth.co.uk.
Please also state if you would like to eat at the Drift Inn.

Dogs: Allowed but under control.

Planners notes

All courses

An area of mixed deciduous and mature planted pine woodland. Runnability is mixed. The pine forest and one large recently felled area of rough open contain tracts of tussocks and furrows, which will slow progress. Path & track options should be considered where practicable. The deciduous forest is generally very runnable. There are numerous ditches, only the deepest of which have been mapped. **Some of these, and particularly the watercourses, are quite deep, so please take care.**

Night courses

Please ensure you have a good headtorch with a backup in case of failure. You should also carry a whistle. As there are no road crossings, hi-viz vests/belts are not a requirement but recommended. (In the event of your getting lost or injured, it could mean you are found more quickly.)

WNL Score (60 minutes)

There are 24 controls, worth between 10 & 40 points each.

Controls 31 to 39 are 10 points each; 40 to 46, 20 points; 50 to 54, 30 points and 60, 62 & 63, 40 points - giving a maximum total of 500 points.

These values are on the Control Descriptions but not the map itself.

The usual bonus for those visiting all controls and arriving back in under an hour will apply (5 points for every full minute), as will penalties for those arriving back late (10 points for every minute or part thereof).

By my estimated optimum straight line route, visiting all controls will involve covering 7.5km with 115m of ascent.

Most controls are sited on fairly prominent features; many on, or close to line features. Those on non-linear, less prominent features will have reflective tape attached.

Planner: Martin Goddard – Sarum.

Organiser: John Stringer – Sarum. johnlstringer@gmail.com

Controller: Ian Pierce - Sarum.

Sarum Web Site: www.sarumo.org.uk

Please note that Orienteering is an adventure sport and you take part at your own risk. If you are not a member of any orienteering club, you will only be covered by British Orienteering insurance for your first 3 events. If you are not a BOF member you are advised to have your own insurance.