

Sarum event - Islands Thorns - 9th October 2021 Final Details

If you have any COVID-19 symptoms or are required to self-isolate under the current government guidance or been contacted by the NHS and asked to quarantine, please do not turn up at the event.

We are running this event with a minimum number of helpers so we ask that you read this email carefully and make yourself familiar with the British Orienteering Code of Conduct and the routines at registration, start and download.

It is essential for all competitors to maintain social distancing and follow the measures that we have put in place. Please turn up enjoy your race and leave soon after.

Below you will find details of your entry or entries and a description of the general flow in the Assembly area.

Arrive in time for your start window - but not too early! Walk to the Start following the taped route. Cross the road via the Marshals; head for the Start. Wait for a space in your Start lane away from others and head off as soon as you can.

When you have finished your run, head back to the Car Park the way you came, keeping your distance from others. Please do not congregate around the Finish area.

Approach Download following the distance markers; once you have your splits printout, please move away from Download and return to your car and depart as soon as you can . Thank you for coming!

Event Information

Car Parking

Car parking is on hard standing at the edge of the Franchises Nature Park (Hamptworth) GR SU 236182. Nearest Post Code: SP5 2DN

£1 will be collected per car for the RSPB

The Start is 1.8km down a scenic road through the new RSPB reserve - please allow time for this

The Final details will also be on the Sarum website.

Map/Terrain

Map:

1:10,000 on A3 waterproof paper, 5m contours.

Terrain : usual New Forest mixture of open areas with significant woodland; the terrain will mostly be in the forest (largely white runnable), all courses will then pop out into the open land towards the finish.

There is a fair bit more bracken brushings than is on the base map in the rough open. It's thin stuff that can easily be run through, but undergrowth vegetation shouldn't be relied upon for navigation purposes.

Control descriptions can be picked up from the Start lanes; they are symbolic except for Orange which has these plus text. They are also in the maps

Courses

Orange 3.4km 50 m climb;

Light Green 3.8km 95m climb;

Green 5.1km 90m climb

1 Hour Score

Conduct

Please make yourself aware of and abide by the [British Orienteering Participant Code of Conduct](#). Key considerations include: we advise the use of facemasks when speaking with people outside your family bubble;

Acting as an ambassador of the sport of orienteering at all times and considering how your actions may appear in the eyes of landowners or members of the public;

Observing social distancing at all times; leave after your race, once you have Downloaded and received your splits.

Use your own hand sanitizer on arrival and departure. There will be sanitizer at the Start to use.

Please limit your time at the event to a minimum to avoid unnecessary contact with others.

Times

Starts from 12.30pm - 14.15pm. Allow at least 20 minutes to walk from the Car Park.

Starts times are in 15 minute blocks to avoid crowding but it is a punching Start

Course closes: 15.45pm

Control collectors - please gel hands and come to the Planner near the Download tent at about 15.15, please.

Facilities

One toilet will available + gel to use, in the Car park; Limited First Aid only by the Finish - be prepared to self administer. No Refreshments or water at the event, so please bring your own.

Safety

All competitors must take care crossing the road after walking through the wood. The road can be rather fast. The crossing will be marshalled.

Please be aware of others when walking through the wood and keep your distance
Try not to bunch up when arriving at the road crossing
Return to the Car park by the same route - again, taking care at the Road crossing

Dogs

Dogs are welcome only in the car park on leads, please; not at all in the field or on the course.
It is however a local dog walking area to be aware.

Timing System

EMIT cards - not touch free. If hired , they have been cleaned. Hire cards can be collected from a table next to Download; leave them in the box next to Download after you have Downloaded.

On the Course

Please do not touch the controls more than necessary to dib properly.
Be aware of other competitors and other users. Keep your distance at all times. Give way at controls, be patient.

Finish and Download

After punching at the Finish please make your way back to the Car park and to Download. There's no need to rush, just gather your thoughts, think "social distance" and get your breath back. When you get to Download, follow the separated markers on the ground; sanitize your hands, place your E card on the download unit. Take your splits print and move away. Make your way back to your car. Have a safe journey home.

Results

Results will be available via Racesignup and later on the Club website, hopefully by later the same evening; at the latest by Sunday evening

Risk

Orienteering is an adventure sport; you are responsible for your own safety at the event and must not do anything that puts yourself or others at unnecessary risk.

Event Officials

Planner: Hugh Holmes (SARUM)

Organisers: Liz Yeadon (SARUM) (Enquiries only to: Fixtures@sarumo.org.uk); Mark White (SARUM)

Controller: Ian Peirce (SARUM)

With thanks to the New Forest and Forest Enterprise for allowing the event; to SOC personnel for facilitating the permissions; the RSPB Franchises Wood for the use of the Car parking area.