



# SARUM ORIENTEERING CLUB South West Orienteering League

## Sidbury Hill

South Central Orienteering League (SCOL 2)  
Sunday 5 December 2021

### FINAL DETAILS

#### Covid 19:

If you have any COVID-19 symptoms or are required to self-isolate under the current government guidance or been contacted by the NHS and asked to quarantine, please do not turn up at the event

#### Event Officials:

Organiser: Mark White (SARUM) (07881 015614)

Planner: Charlotte Thornton (SARUM)

Controller: Neil Fraser (NWO)

#### Venue:

Event signed off the A338 just north of Tidworth at GR SU234501. Follow signs to car park area at GR SU230502. Nearest postcode to turning off A338 is SP9 7FP.



#### Parking:

Please note that there are two large and deep potholes, which may or may not be filled with water on the day, on the short approach track to the designated parking area. While they are just about passable (my Peugeot 5005), competitors may wish to either park on the hard standing before the track, or park and recce the route before making an approach. If parking on the hard standing, please make sure that any valuables in your vehicle are out of view as this parking area is easily accessible to the general public.

#### Terrain:

Mixed, mainly deciduous woodland with generally good runnability except where forest thinning has taken place in the last couple of years, which has resulted in localised patches of brashings. The area has one large hill and some sloping hills and a fairly extensive path network. Thinning has improved visibility but worsened runnability; the green-striped 'slow run undergrowth' screen shows the affected areas. As well as the brashings, you may encounter small piles of logs, unmarked holes, trenches and military debris. Most

motorcycle tracks have been mapped, although a few recently created have not; this does not influence navigation. Military vehicles have churned up some of the main tracks and rides and when wet, it can be very slippery; in particular, take care on the southern part of the map. There are many crossing points marked over the barbed wire fence which surrounds the hill fort. These are styles or gates and their use is mandatory for crossing the barbed wire fence.

### Maps:

All courses will have 1:10,000 A4 maps digitally printed on waterproof paper. Control descriptions will be printed on the maps and available on waterproof paper loose in the start lanes at the minus 2 box. Control descriptions include instructions when the use of a crossing point is necessary. White and Yellow course control descriptions will be textual, all other courses symbolic. Yellow and White maps will be available in pre-start for all runners on these courses

### Courses:

The courses available, subject to final controlling, are:

| Course      | Age Classes                                      | Length | Climb |
|-------------|--|--------|-------|
| Brown       | M35, M40   | 8.2km  | 210m  |
| Blue        | M16, M55, M60, W35, W40                          | 6.6km  | 270m  |
| Green       | M70, W16, W55, W60                               | 4.4km  | 120m  |
| Short Green | M75, M80, M85, M90, W65, W70, W75, W80, W85, W90 | 3.6km  | 90m   |
| Light Green | M14, W14   | 4.3km  | 130m  |
| Orange      | M12, W12   | 2.7km  | 50m   |
| Yellow      | M10, W10   | 2.1km  | 35m   |
| White       |  | 1.4km  | 20m   |

### Registration:

Registration is from 1000-1200

- If you are pre-entered and have your own Emit card you can go straight to the start.
- If you are pre-entered and are hiring an Emit card, collect your card from enquiries in the Barn before going to the start.
- Preferred registration is via [www.racesignup.co.uk](http://www.racesignup.co.uk). There will be no entry on the day.

### Fees:

- Pre-entry: Seniors £11 (please note this includes a £6.60 land charge); Juniors £5. Adult runners up to Orange £6.
- Postal entries to Mark White, Stable House, Downton Hill, Morgans Vale, Salisbury, SP5 2JF. Please provide the usual required entry information and cheque payable to Sarum Orienteering Club.
- Closing Date is Sunday 28 November 2021.
- Emit: Cards to hire at £1.50

### Electronic Punching:

The event will be using Emit on all courses. A lost card will be £45. To ensure correct "punching" competitors **must** touch the EMIT control unit correctly with their EMIT card. Competitors are encouraged to use back-up cards and to press their EMIT cards down onto the control unit to ensure that they register a pin mark at each control. Competitors whose EMIT cards do not show that they have visited a control will only be reinstated with evidence from the back up card. Back-up cards can be obtained from the registration desk.

## Start, Finish and Download:

- The Start is located approx 500m Assembly along a taped route.
- The Finish is located 150m from Assembly.
- Start times from 1030-1230 in 15-minute start slots.
- Courses close: 1430.
- If you already have an EMIT card, you may proceed directly to the Start.
- Download is located in the Barn a short distance from the Finish. All runners must report to download, even if retiring.

## Enquiries and Registration:

Enquiries and EMIT hire collection are co-located in the Barn at Assembly. A key board will be available at Registration where keys can be left during a run.

## Results:

Results will be posted on Racesignup and the Sarum website no later than Sunday evening.

## First Aid:

Event First Aid is provided by the SARUM First Aid team and will be located in the Barn. The nearest Accident and Emergency Hospital is Salisbury District Hospital, Odstock Road, Salisbury, SP2 8BJ, Tel: 01722 336262.

## Drinks:

Please bring your own drinks

## Safety:

- **Other users.** Other users of the area could include horse riders, dog walkers, mountain bikers, motorcyclists or 4x4 vehicles. Please show due respect if you meet any of these on your run and please take particular care when 'uncontrolled' motorcyclists are active near you. Military tracked vehicles should not be active on the area during this event.
- **Tracks.** There are potholes on some tracks which may be deep and may be filled with water. These should be avoided, especially by juniors, and courses have been planned to avoid these as much as possible. There could be some unmarked motorbike or tank tracks. The chalky slopes of the steep hill can be very slippery when wet so take care.
- **Barbed wire.** The longer courses visit the top of the hill where there is a small, partial barbed wire enclosure (marked on the map) which has been identified with red/white tape. Fencing is irregular and the wire is at chest height. Care should be taken in the vicinity. Barbed wire is also present on the fence crossing points where particular care should be taken.
- **Suspicious objects.** Because it is a military area, do not touch any suspicious objects and please advise juniors not to touch anything they may see lying around.
- **Cattle.** At the time of writing, there are some longhorn livestock in the fenced area around the fort at the top of the hill. Despite the presence of their long horns, the livestock are docile, however, you are advised to give them a wide berth. If you open any gates, please close them behind you.
- **Kit.** Full body cover required – legs and torso, as defined by BOF.
- **Whistles.** Whistles are advisable especially for juniors.
- **Weather.** In the event of extreme wet, cold or windy weather, you will be required to carry or wear a cagoule. A decision will be made, based on the then Met Office forecast, and published on the event website and Racesignup no later than 2000 on Saturday 4 December 2021 as to whether cagoules are required or not. The decision will also be posted in Assembly.
- **Ticks.** Ticks are omnipresent, and tick-borne disease is a risk, albeit a small one. Apart from abiding by the full body cover rule, you should examine yourselves and your children carefully for ticks after your run. Lyme disease is a particularly unpleasant condition which can be caused by tick bites. Go to <http://www.lymediseaseaction.org.uk> for more information on Lyme disease and its symptoms.
- **Solo runners.** If you are travelling and running alone, you may wish to leave details of yourself and

your car with enquiries.

- **Medical conditions.** Competitors with existing medical conditions are asked to provide a sealed envelope with their name and club on the outside, and the medical condition explained inside plus details of medication and dosage. Spare forms and envelopes will be available at Registration. The envelope will only be opened in an emergency. The envelope is to be handed in to Registration for safe keeping before competitors start their runs. Click here for the medical form [SARUM-Medical-Condition-form-2016.pdf](#)
- **Insurance.** If you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering, you are not covered by our public liability insurance. To comply with insurance provisions, if you are not a British Orienteering member, please leave your home address contact details at the Registration in the Barn

#### **Facilities:**

First Aid and Toilets will all be in the Assembly area. There is no caterer and water will not be provided so please ring everything you need.

#### **Dogs:**

Dogs under close control are permitted in the parking and assembly areas only but not on the courses.

#### **Cancellation:**

Cancellation is a very last resort, however, if very bad weather is forecast or some unforeseen event makes it necessary to cancel the event, a notice will be placed on the Sarum website and a message sent out via Racesignup. If the event is cancelled, we reserve the right to keep all or a proportion of the entry fee to cover unavoidable costs.

#### **Conditions:**

The personal data you give will be used by the event organisers only for processing/publishing entries and results and as required by our insurers. All Competitors take part at their own risk and are responsible for their own safety.

**Sarum Web Site:** [www.sarumo.org.uk](http://www.sarumo.org.uk)

**DO NOT FORGET TO DOWNLOAD**